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**EDEVDOV-OK-iKt i#t 993300**

**Carbon Footprint Questions**

## – TRASPORTATION –

1. How do you get to school? *If you use more than one option (e.g. you walk and then catch a bus) or if it varies by day (e.g. some days you drive and some days you carpool) then average the two numbers.*
   1. Carpool
   2. Car
   3. Bus or other public transport
   4. Bike
   5. Walk
2. *Answer only if you circled a or b above*: Do you wait for the person picking you up or do they wait for you?
   1. They wait for me and they keep the engine idling.
   2. They wait for me and they turn the engine off.
   3. I wait for them.
3. On average when driving in your family’s car how many empty seats are there?
   1. 3 or more
   2. 1 or 2
   3. None
4. If a destination (friend’s house, store, restaurant etc.) is under two miles do you or your family ever walk or bike there?
   1. Often
   2. Sometimes
   3. Never
5. In the last 6 months how many round trip airplane flights have you taken?
   1. Zero
   2. One
   3. Two
   4. Three
   5. Four or more

## – HOME ENERGY USE –

1. Describe your house.
   1. Free standing/detached
   2. Townhouse
   3. Apartment or condo
2. What type of light bulbs are used in your home?
   1. Incandescent light bulbs (left)
   2. Compact fluorescent light bulbs (center)
   3. LED light bulbs (right)



1. How many of your home appliances are Energy Star? *(Most*

*ES appliances will have a symbol on them. The ES status of many products can also be looked up at www.energys- tar.gov).*

* 1. Most
  2. Some
  3. None

1. How often do you and your family heat or cool the house?
   1. Always (e.g. 12 months and everyday)
   2. Most of the year (e.g. 8-11 months and everyday)
   3. Some of the year (e.g. 4-7 months and/or most days)
   4. Rarely (e.g. <3 months and/or some days)
   5. Never
2. Do you turn off lights when you leave a room?
   1. Always
   2. Sometimes
   3. Never
3. Do you turn off computers, TVs, and game systems when you’re not us- ing them?
   1. Always
   2. Sometimes
   3. Never
4. Do you unplug your phone charger, other chargers, or other appliances when not in use?
   1. Always
   2. Sometimes
   3. Never
5. What water temperature do you or your family use to wash your clothes?

a. Hot (>104°F)

b. Warm (86-104°F)

c. Cold (<68°F)

1. How do you or your family dry clothes?
   1. Hang to dry
   2. Dryer
   3. Both/Varies
2. Do you turn off the water when brushing your teeth?
   1. Always
   2. Sometimes
   3. Never
3. How long is a typical shower for you?
   1. Less than 5 minutes
   2. 6-10 minutes
   3. 11-15 minutes
   4. More than 15 minutes
   5. A bath

## – DIET –

1. How much red meat do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never

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**EDVO-Kit 930**

**Invisible Footprints: Seeing CO2**

**Carbon Footprint Questions, continued**

1. How much white meat do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never
2. How much fish do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never
3. How many eggs do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never
4. How much dairy do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never
5. How many grains do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never
6. How many fruits and vegetables do you eat?\*
   1. Much more than average
   2. Just above average
   3. Average
   4. Below average
   5. Never
7. Do you eat leftovers?
   1. As much as possible to cut down on food waste.
   2. Sometimes, if they taste good.
   3. Never
8. Do you or your family grow any of your own vegetables/fruits or buy some produce that is locally grown?
   1. Yes
   2. No
9. How do you stay hydrated?
   1. I drink several bottles of water, disposable cups of coffee and tea, or cans of soda, etc. a day.
   2. I drink mainly from reusable bottles/glasses/mugs but have one disposable drink (bottled water/take out cup of coffee/ can of soda etc.) each day.
   3. I drink only from the fountain or from reusable bottles, glasses, and cups.
10. How many servings of wrapped food (bag of chips, granola bar etc.) do you eat each day?
    1. None
    2. Between 1 and 3
    3. 4 or more

*\* Average Servings:*

* *Red meat - 4 card deck size portions per week.*
* *White meat - 4 card deck sized portions per week.*
* *Fish - 2 card deck sized portions per week.*
* *Eggs - 12 eggs per week.*
* *Dairy - 5 cups a day.*
* *Grains - 5 cups a day.*
* *Fruits & Vegetables - 4 cups a day.*

## – PURCHASES –

1. In the past year, how many new electronics has your family pur- chased?
   1. None
   2. Between 1 and 3
   3. 4 or more
2. In the past month, how many new things have your family purchased for you? (Excluding food and elec- tronics.)
   1. More than 15
   2. Between 11 and 15
   3. Between 6 and 10
   4. Between 1 and 5
   5. Under 5
3. How often do you or your family return items that you have recently purchased?
   1. Often
   2. Sometimes
   3. Never
4. Do you ever do any of the following: buy vintage or second hand clothing, participate in a clothing swaps, repair damaged clothing, donate or hand down clothing that no longer fits?
   1. Yes
   2. No
5. On average how many large garbage bags do you throw out a week?
   1. 1 bag
   2. 2, 3 or 4 bags
   3. 5, 6 or 7 bags
   4. 8, 9, or 10 bags
   5. More than 10 bags
6. Before you throw things away do you try to either give them away, recycle them, or repurpose them?
   1. Whenever I can
   2. Sometimes
   3. Never
7. Do you recycle magazines, newspa- pers, and other paper products?
   1. Yes
   2. No
8. Do you recycle glass and plastics?
   1. Yes
   2. No
9. Do you recycle aluminum and other metals?
   1. Yes
   2. No

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